

BODY TREATMENTS

OCEAN IMMERSION 80 min | 100 min

This all-encompassing marine-infused experience holistically addresses each aspect of well-being. First, the body is scrubbed with freeze dried seawater crystals and algae derived alpha hydroxy acid in preparation for a transformative massage. Performed with a combination of mineral rich seawater and seaside plant oils, specific pressure point manipulation techniques developed by an osteopath work on tight muscle chains to erase tension, while hydrating and regenerating the skin. The body's cells and energy flow are fully rebalanced, producing a calming yet energizing effect.

100 min includes Oligomer mineral sea soak.

FIRMING WRAP 50 min | 100 min

During this anti-aging body wrap, every detail is looked after while cocooned in firming body gel that's rich in anti-aging sea minerals. Skin toning extracts are absorbed as you receive a soothing massage. The firming elixir immediately hydrates, tightens and stimulates the skin. After repeated use, a long-term anti-aging effect will be noticed on skin lacking in elasticity.

100 min includes full 50 min Swedish massage.

DETOX CLAY WRAP 50 min | 100 min

This full body wrap features a bentonite clay based body mask for deep tissue cleansing. After the application of the clay mask, the body is gently wrapped in warm sheets. As you absorb the healing benefits of the mask, your therapist will pamper you with a pressure point scalp massage. The service concludes with the application of our nourishing skin enhancer, leaving the skin deeply hydrated.

100 Minute service includes 50 min Swedish massage.

BODY UPGRADES/ ADD ONS

MARINE MUD 15 min

A local application of Phytomer's warm, bubbly seaweed mud helps to relieve muscle tension and stress in your most over worked areas. Target your choice of: lower back, spine or feet.

SEA SCRUB 25 min

A thorough body exfoliation with seawater crystals rids the skin of dead cells and creates a smooth, glowing appearance. After the skin is deeply cleansed and revitalized, a final application of quenching moisturizers will leave your body radiant and tingling with renewed life.

SALON SERVICES

NAIL SERVICES

Express Manicure
Express Pedicure
Classic Manicure
Classic Pedicure
Gel Manicure

Gel Pedicure
Gentlemen's Manicure
Polish Change
Paraffin Hands or Feet
French

HAIR CARE

Shampoo & Blow Dry
Shampoo, Cut & Blow Dry
Women's Cut
Men's Cut
Kid's Cut
Bang Trim

Additional Styling
Up-Do Style
Bridal Day Up-Do
Color
Highlights
Keratin Treatments

MAKE-UP

There are several make-up options available for all occasions.

For pricing information, please contact the spa.

WAXING SERVICES

Full-service waxing available.

For pricing information, please contact the spa.

CANCELLATION AND LATE POLICY

Please allow 24 hours' notice for cancellation or rescheduling of spa services to avoid a 50% charge. Should you arrive late for your appointment, your service will be modified to your remaining time to honor other scheduled appointments. We require a credit card for all appointments.

GRATUITIES

For your convenience, 20% gratuity will be added to each service. If you feel you have received exceptional service, additional gratuities are appreciated and are solely at your discretion.

GIFT CERTIFICATES

Give someone special the gift of serenity. Gift certificates may be purchased on our website, over the phone, or at the spa.

MEMBERSHIP

We offer several Membership options. Please contact the spa directly for more information.



the
Atlantic
HOTEL  SPA

SPA ATLANTIC SERVICES

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SPA ATLANTIC

Drift into a state of euphoria at our oceanside sanctuary.

Our services use nourishing elements derived from the sea, including concentrated marine products, which allow us to focus on improving skin quality and optimizing overall well-being. Rejuvenating European-inspired thermal areas for both men and women - including a sauna, steam room and hydrotherapy tub – offer spaces for cleansing before and after your service. With massage, facial, body, and salon experiences, Spa Atlantic is a true haven for revitalization.

MASSAGE

ATLANTIC 50 min | 80 min | 110 min

Rebalance, renew and unwind with this customized Swedish massage. Your therapist will consult with you to determine your desired pressure and any areas of special concern.

For extra-firm pressure and more direct work, our Deep Tissue Massage is recommended.

SIGNATURE 50 min | 80 min | 110 min

The ultimate in body and mind purification and our most requested service. This Signature massage facilitates the removal of toxins through lymphatic drainage techniques, while Macadamia nut oil dramatically increases circulation, reduces inflammation, and promotes detoxification. You'll leave feeling cleansed and nourished from head to toe.

DEEP TISSUE 50 min | 80 min | 110 min

Specialized pressure techniques treat targeted areas of body stress and imbalance to help relieve aches & pains. This fully customizable massage offers a healing and revitalizing experience.

BODY MELT 50 min | 80 min

Classical Western techniques meet ancient Eastern philosophy in this uniquely indulgent service. Warm oils start by releasing tension, followed by long strokes and kneading and traditional Thai stretches and acupressure that loosen the muscles. The A healing scalp massage restores a deep sense of calm and harmony.

PRENATAL 50 min | 80 min

Created just for new moms and mothers-to-be, let us care for you with this safe and comforting customized massage. This service is designed specifically for your body's needs and always keeps baby's health in mind.

COUPLES 50 min | 80 min

For side-by-side relaxation with someone special, a Swedish massage pampers each individual for a blissful shared experience. Two therapists and two tables are used during this service. Couples services may be upgraded at an additional cost.

MASSAGE ENHANCEMENTS

Aromatherapy	Reflexology 25 min
Hand or Foot treatment	Zone Therapy 25 min
Hot Stones	Bath Ritual 25 min
In-Room Massage	Seaside Massage

Enjoy select massage services from the comfort of your own cabana on our serene pool deck. The warm ocean breeze and panoramic views will leave you in a state of euphoria. Weather permitting. Contact the spa for more details.

FACIALS

AWAKEN 50 min

The perfect opening note to your spa experience, this classic facial treatment uses all the skin specific solutions of a European facial and then some. A highly concentrated marine mask, selected especially for your skin type, targets the improvement of the skin's functions. No matter the skin-type, an awakened complexion with a dewy radiance is the powerful result.

VITAMIN SEA 25 min | 50 min

Restore a youthful and healthy glow with a burst of antioxidant power and fruit enzymes. This naturally aromatic treatment drenches skin in 30% vitamin "sea" formula to stimulate collagen and strengthen elasticity, and buffs away dead skin cell build up while repairing sun damaged skin. The high vitamin C product along with your esthetician's techniques will leave your skin looking lighter, brighter, and tighter.

DETOX 50 min

For facial oxygenation and radiance, this facial is designed to counteract the destructive effects of pollution and an urban lifestyle. Detoxification begins with a Pure Pore self-heating mask, which gently absorbs impurities and pollutants from below the skin's surface during a tranquilizing double brush massage followed by pore extractions. Next, a customized complexion enhancing serum is applied to eliminate dull tones, fatigue, and restore radiance and brightness, and a detox-oxygen massage mask further neutralizes damage and hydrates the skin. The final moisturizing sorbet infuses the skin with algae-based pollution shields to revitalize and protect the complexion's fresh, clear glow.

GLOW 50 min | 80 min

From the depths of the ocean and the coastlines of France, natural solutions are found to restore a youthful texture and radiance to the skin. A Marine AHA scrub is used to polish the complexion to smoothness, then Sea Retinol is used to boost cellular turnover for skin regeneration. Finally, a specially formulated rubberizing mask* reduces the depth of wrinkles and restores the skin's natural firmness, while free radicals are outsmarted to curb premature aging.

80 min includes a massage with an eye mask that smooths fine lines, followed by an oxygenating sea mud mask to detoxify and revitalize all cellular functions.

ANTI-AGING 80 min

Enjoy the ultimate in age defiance with this facial that includes the latest ingredients from marine biotechnology to plump the skin and smooth wrinkles. After a thorough double exfoliation and deep cleansing process, a Pro-Youth Massage is performed with massage tools and skin regenerating concentrate, providing instant results to relax wrinkles and tighten the skin. Finally, a warm wax mask is painted over the skin to deliver a final dose of Extra Marine Filler and seal in the treatment's youthful benefits. This facial also includes a re-plumping lip treatment.

FACIAL UPGRADES / ADD ONS (15 min)

EYE AND LIP REMEDY

Designed to address the facial areas most vulnerable to showing signs of aging and fatigue – the mouth and eyes. Our lip treatment is the perfect remedy for dry, chapped lips, while the specialized eye treatment addresses crow's feet, dark circles and puffiness. This service is the perfect remedy for both concerns.

MINERAL MASK

A warm, mineral-based mask is massaged into the skin to eliminate impurities and excess oil. Perfect prior to extractions. Great for all skin types and can be added onto any facial.

FACIAL ENHANCEMENTS

Nourishing hand or foot treatment
Collagen Mask
Lash or Brow Tint

SPA ATLANTIC PRICE LIST

MASSAGE

ATLANTIC 50 min 80 min 110 min	\$130 \$180 \$230
SIGNATURE 50 min 80 min 110 min	\$140 \$190 \$250
DEEP TISSUE 50 min 80 min 110 min	\$150 \$200 \$260
BODY MELT 50 min 80 min	\$150 \$200
PRENATAL 50 min 80 min	\$140 \$190
COUPLES 50 min 80 min	\$240 \$350

MASSAGE ENHANCEMENTS

AROMATHERAPY	\$10
HAND OR FOOT TREATMENT	\$15
HOT STONES	\$20
IN- ROOM MASSAGE	\$30
REFLEXOLOGY 25 min	\$50
ZONE THERAPY 25 min	\$50
BATH RITUAL 25 min	\$50
SEASIDE MASSAGE	\$30

FACIALS

AWAKEN 50 min	\$130
VITAMIN SEA 25 min 50 min	\$80 \$130
DETOX 50 min	\$140
GLOW 50 min 80 min	\$150 \$190
ANTI-AGING 80 min	\$190

FACIAL UPGRADES / ADD ONS (15 min)

EYE AND LIP REMEDY	\$40
MINERAL MASK	\$30

FACIAL ENHANCEMENTS

NOURISHING HAND OR FOOT TREATMENT	\$15
COLLAGEN MASK	\$30
LASH OR BROW TINT	\$40

BODY TREATMENTS

OCEAN IMMERSION 80 min 100 min	\$180 \$240
FIRMING WRAP 50 min 100 min	\$140 \$220
DETOX CLAY WRAP 50 min 100 min	\$140 \$220

BODY UPGRADES/ ADD ONS

MARINE MUD 15 min	\$30
SEA SCRUB 25 min	\$70

SALON SERVICES

NAIL SERVICES

Express Manicure	\$30
Express Pedicure	\$30
Classic Manicure	\$40
Classic Pedicure	\$50
Gel Manicure	\$50
Gel Pedicure	\$60
Gentlemen's Manicure	\$30
Polish Change	\$15
Paraffin Hands or Feet	\$15
French	\$10

HAIR CARE

Shampoo & Blow Dry	From \$50
Shampoo, Cut & Blow Dry	From \$80
Women's Cut	From \$60
Men's Cut	From \$40
Kid's Cut	From \$30
Bang Trim	\$15
Additional Styling	\$30
Up-Do Style	\$80
Bridal Day Up-Do	\$100
Color	From \$80
Highlights	From \$90
Keratin Treatments	\$200

MAKE-UP

There are several make-up options available for all occasions.

For pricing information, please contact the spa.

WAXING SERVICES

Full-service waxing available.

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For your convenience, 20% gratuity will be added to each service. If you feel you have received exceptional service, additional gratuities are appreciated and are solely at your discretion.